

### ***What is it?***

Multi Modal Recovery Process (MMRP) was developed by Steve Moore and is a method utilized by the Moore Institute. Each client has a very individualized plan that is developed specifically for them. It starts with a thorough assessment utilizing our own MMRP system. Then a plan is jointly developed by our team and the client that utilizes all or some of the available treatment alternatives. The Addiction Recovery Intensive runs from 8 am until 12 pm Monday through Friday and the cost is \$700 a week. We recommend a 6 course but it is not a requirement. If the 6 weeks are paid in advance the cost is \$3,500.

### ***Why us?***

Pam and Steve both have a unique perspective to treatment. They both have long term established recoveries of their own with over 30 years and 28 years respectively. Within their first year of recovery they both independently became interested in the professional recovery field. Through the years they began to notice that treatment was based on a cookie cutter approach: You go to inpatient or outpatient treatment and then to AA (Alcoholics Anonymous).

While this method works well for many people, the relapse rate has remained around 66% at best with this approach. This means the standard method is not working for at least 66% of the people who seek treatment. For many just going to treatment for 30 days and then to a 12 Step program is not enough. Many need some sort of formalized support by addiction specialists after treatment. For others treatment then AA is more than they need. For others they need something completely different such as Smart Recovery, Celebrate Recovery or Refuge Recovery. At The Moore Institute and through research by The Addiction Research Foundation we offer a solution that is

- Individual
- Flexible
- Alternative
- Combined with the best of Traditional

Our treatment process is developed to meet individual needs. This insures not only individualized treatment but privacy and confidentiality.

### ***How are we different?***

At the Moore Institute we view and address addiction through the belief addiction is a disease and therefore it is on a continuum with each person at a different spot on that continuum. We utilize our assessment system to assess the appropriate amount of treatment. For some that would mean a referral to traditional treatment, for others we would combine the services at the Moore Institute with outside resources and for some the services we provide will be enough. We utilize the Multi Modal Recovery Process (MMRP). There are four principles to the MMRP:

1. Agreement about the problem.
2. The Plan – a personalized path forward in recovery tailored to the individual.
3. Support

#### 4. Accountability

At the Moore Institute we are prepared to meet your needs with the exact treatment that you require.

**Book Now**