

What is it?

Multi Modal Recovery Process (MMRP)© was developed through research at The Addiction Research Foundation and is a method utilized by The Intensive. Each client has a very individualized plan that is developed specifically for them and it is lead by licensed masters level therapists. It starts with a thorough assessment utilizing our own Star Matrix © system. Then a plan is jointly developed by our team and the client that utilizes all or some of the available treatment alternatives. The Intensive runs both a morning and evening program. The cost is \$700 a week. We recommend a 6 – 12 week course but it is not a requirement.

Why us?

At The Intensive we have a unique perspective to treatment. Through the years it we began to notice that treatment was based on a cookie cutter approach: You go to inpatient or outpatient treatment and then to AA (Alcoholics Anonymous). While this method works well for many people, the relapse rate has remained around 66% at best with this approach. This means the standard method is not working for at least 66% of the people who seek treatment. For many just going to treatment for 30 days and then to a 12 Step program is not enough. Many need some sort of formalized support by addiction specialists after treatment. For others treatment then AA is more than they need. For others they need something completely different such as Smart Recovery, Celebrate Recovery, Recovery Dharma, Women for Sobriety or other community support . At The Moore Institute and through research by The Addiction Research Foundation we offer a solution that is

Individual

Flexible

Alternative

Combined with the best of Traditional

Our treatment process is developed to meet individual needs. This insures not only individualized treatment but privacy and confidentiality.

How are we different?

At the Moore Institute we view and address addiction through the belief addiction is a complex issue that is not the same for each person therefore it is on a continuum with each person at a different spot on that continuum. We utilize our Star Matrix © assessment system to assess the appropriate amount of treatment. For some that would mean a referral to traditional treatment, for others we would combine the services at the Moore Institute with outside resources and for some the services we provide will be enough. We utilize the Multi Modal Recovery Process (MMRP) ©. There are four principles to the MMRP:

Agreement about the problem.

The Plan – a personalized path forward in recovery tailored to the individual.

Support

Accountability

At The Intensive we are prepared to meet your needs with the exact treatment that you require.